

Continue to the top of Obelisk Lane and turn right into Albert Street (also called Western Hill) and on to the third turning to the left which is Flassburn Road and then into Flass Vale Local Nature Reserve.

*Walk towards the Heritage Centre and café. Spot the distant Obelisk which is on your next hill. At the Heritage Centre, go down the steps and slope to North Road. Walk up to the first turning on the left which is the steep Obelisk Lane. **Cross with care.** Half way up is a fence. You can just see the Obelisk through the trees.*

Leave Platform 2 behind you, pass through the gate into Wharton Park. Climb up to your first hill, Windy Hill. Easy! At the top, go left and climb the few steps onto the Battery (ornamental fort) with the famous view of the Cathedral and Castle that millions of people see from the train.

A panoramic view of Durham Cathedral and the surrounding city of Durham, North East England, seen from a high vantage point. The cathedral's tall, ornate tower is the central focus, surrounded by other church buildings and residential areas. The foreground is filled with bare trees, and the background shows rolling hills under a clear blue sky.

Follow the path for 120 metres down to the Burn. Cross on the plank bridge and turn left. At the waymarker post, continue downhill on the main path to the LNR exit and onto the road. Turn right onto the path to the steep steps up to Redhills Lane and the Durham Miners' Hall.

Continue up the steep Redhills Lane. Near the top where the road turns sharp right, enter the old St. Bede's cemetery (look for the sign for 'Commonwealth War Graves'). Pass through the cemetery to St Bede's Close and then onto the A167. Climb the pedestrian bridge to view the battle site where you will find an information board.

Go back across the bridge to the SAME SIDE of the road and then take the short path to your left just beyond the railway bridge. Turn right into St. John's Road and walk to its end where you will find the remains of the monument to the battle.

Cross safely at the traffic lights and return to St. John's Church. Just beyond the church is a path on the right leading back to the church and then past the scout hut. Continue on past the housing area and Ustinov College to the bollards where you turn right. Keep the playing fields to your left. Fork left to reach the Observatory.

It is not accessible to the public.

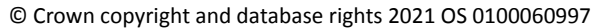
Take the path downhill and onto Quarryheads Lane. Turn right, cross the roundabout and continue 120 metres to the signposted path between the houses, then uphill to Elvet Hill Road. Turn left and cross carefully to the steps that sharply rise to St. Aidan's College.

At the top of the flight of steps turn right to see the Wheel Cross sculpture and another fine view. Back at the steps, take the narrow gravel path down to the Oriental Museum and Japanese University. Just opposite the Oriental Museum is Teikyo University.

Take the short path by the chariot sculpture and turn right at the bottom to South Road. Turn left to cross at the traffic lights. Walk up Hollingside Lane to the Durham Botanic Garden.

Durham University's 10 hectare Botanic Garden has its origins in an experimental garden created in 1925 for teaching and research. Moved in 1970 to this site, it has matured into a striking set of landscapes and gardens. If you haven't had any refreshments so far, here is the ideal place.

Just past the entrance to the Botanic Garden is a roadside parking area. Take the gateway to the left into Great High Wood and follow the steep path downhill. At the bottom, turn left by the bench seat and continue on this woodland path to the road.
Cross with care.





The Durham City Seven Hills Trail



If Rome is famous for its seven hills, then why not Durham? Actually Durham can be said to have more than seven hills, but seven is enough to make an amazing walk. The trail passes through the many varied landscapes that encircle the City, while offering encounters with the City's rich history and heritage all the way round.

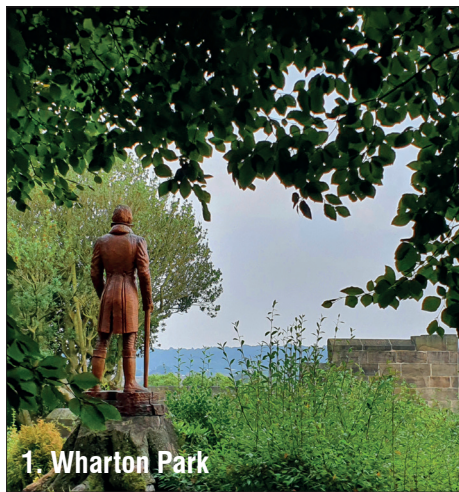
Where else can so much be enjoyed so easily? There are beautiful historic woodlands, a famous battle site, the site of an iron age fort, a Victorian park, the nationally important Miners' Parliament building, university colleges and, most wonderful of all, superb changing views of the World Heritage Site of Durham's Cathedral and Castle.

Why not try this trail? Measuring nearly 11km (7 miles), it will take 4 hours at a gentle pace and longer if you stop to admire the many treasures along the way. It is mostly easy walking on good paths with some linking sections on roads. However, the length and the several steep rises take it from an 'easy' to a 'moderate' degree of difficulty. There can be muddy patches so good footwear is recommended. For those reasons, regrettably, the trail is not suited to wheelchair users or people with restricted mobility.

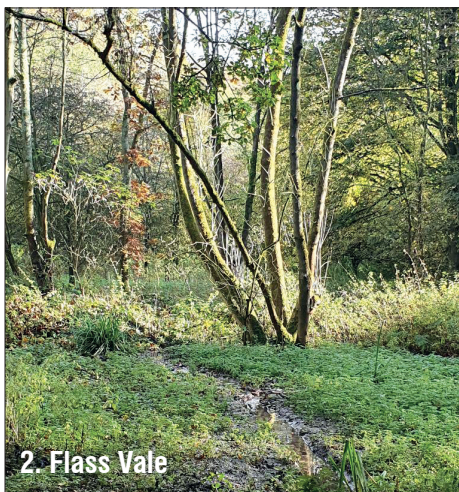
Given average fitness and enthusiasm for a good walk, it makes the perfect solo walk, a great family ramble, and even a super outing for a rambling club. For those who prefer shorter walks, there are many routes back because you are never far from the City centre. You can always do the rest on another day.

This trail deserves to be popular. Perhaps it will be so, if you walk it and tell your friends and relatives how much you enjoyed it?

The Durham City Seven Hills Trail



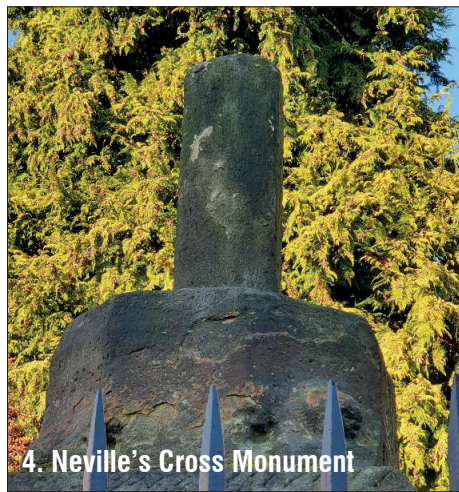
1. Wharton Park



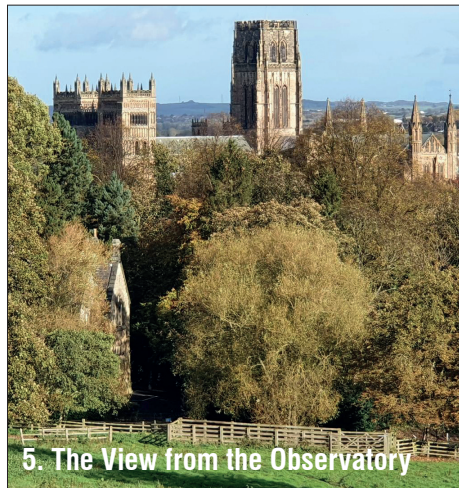
2. Flass Vale



3. Miners' Hall



4. Neville's Cross Monument



5. The View from the Observatory

A Treasure Trail for Eagle Eyes

If you like a quiz, try some of these questions as you go round the trail.

Wharton Park

1. What is the name of the man who created the park by the station?
2. Who lost his head in the park?

Obelisk Lane

3. Can you spot the obelisk through the trees?

Fieldhouse Lane

4. What does EIIR mean on the red pillar box?

Flass Vale

5. What is a L.N.R?

Miners' Hall

6. How do you know that the figures on top of the gate posts are miners?

St. Bede's Cemetery

7. What do the 7 Commonwealth War Graves look like?
8. Near the path is one of these graves. Who was killed at the age of 21?

A167 Overbridge

9. What weapons did the soldiers use in the Battle of Neville's Cross?

A167 road sign

10. When was the Battle of Neville's Cross?

The Monument

11. Which countries were in the battle?

St John's Church

12. Which Scout Group has its HQ at St. John's Church?

The College (soon after St. Johns Church)

13. Who is the College named after?

The Observatory

14. What work is done in a meteorological observatory?

St. Aidan's College

15. What does the sculpture at St. Aidan's College represent?

The Oriental Museum

16. Opposite is the Japanese University. What is the University's name?

17. Who or what is the chariot sculpture dedicated to?

Great High Wood

18. Can you name 6 animal, tree or plant species in the wood?

Whinney Hill

19. How many sycamore trees stand on top of the hill?
20. From how many of Durham's seven hills could you see the Cathedral?

Why walk?

We all know it's beneficial to our health - a long walk is good for all age groups. Many people find peace in quietly walking in lovely scenery and particularly in woodlands. The Japanese call it 'forest bathing' where worries are spirited away by the gentle presence of the trees.

It's a family and friends thing too, something all can enjoy together, walking, talking and indeed learning, as they go along.

There is a treasure trail quiz to interest younger family members.

Thanks to:

The City of Durham Parish Council has produced this leaflet. Special thanks go to David Miller, member of the former Durham City Neighbourhood Plan Working Group, for devising the trail and designing this leaflet and to John Lowe, Victoria Ashfield and Roger Cornwell for their contributions towards finalising the route. We are grateful to the City of Durham Trust for part-financing production of the leaflet. It is part of the Parish Council's mission to support initiatives arising in the community such as this; a number of community initiatives are documented in the 'Looking Forwards' document supported by the Parish Council.

A copy of this can be found on our website: <https://cityofdurham-pc.gov.uk>



Rules to be followed when walking

The Countryside Code gives obvious but necessary guidelines for walkers based on respect, protection and enjoyment. Please respect the local community and other people enjoying the outdoors, and leave gates and property as you find them. Please protect the environment by leaving no trace of your visit and by taking your litter home. Keep dogs under effective control. Enjoy the outdoors by planning ahead and following advice and signs. This trail guide has been prepared to make your walk as enjoyable as it can be.

Answers to the Treasure Trail Quiz

Well done if you tried the quiz.

- | | |
|---|--|
| 1 William Lloyd Wharton | 8 Private J. Barratt |
| 2 Albert the Good | 9 Swords, pikes and longbows |
| 3 If you can see it, give yourself a point | 10 The year 1346 |
| 4 Queen Elizabeth the Second. (Regina in Latin means Queen) | 11 England and Scotland |
| 5 Local Nature Reserve | 12 19 th Durham Scout Group |
| 6 They have a (Davy) lamp, a head lamp, a pick axe and a water bottle | 13 Sir Peter Ustinov |
| 7 A flat white or sand-coloured slab | 14 Collection of weather data |
| | 15 A wheel cross |
| | 16 Teikyo University of Japan |
| | 17 The people of Lebanon |
| | 18 Too many to list |
| | 19 6 trees |
| | 20 4 (Hills 1, 4, 5 and 7) |



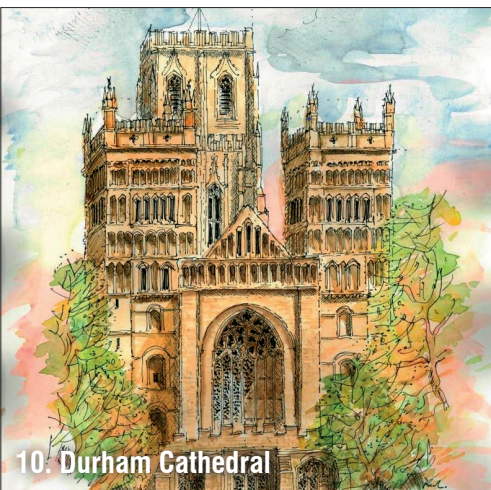
6. The Oriental Museum



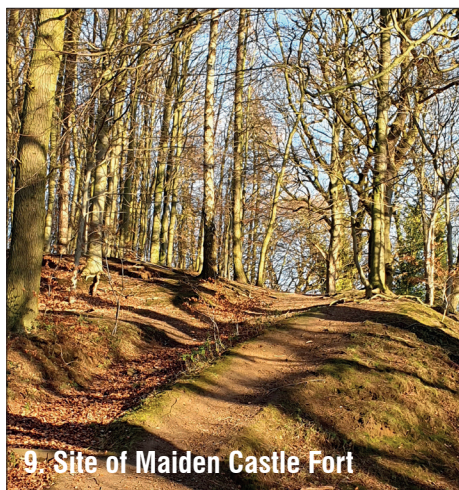
7. The Botanic Garden



8. Great High Wood



10. Durham Cathedral



9. Site of Maiden Castle Fort